School Policy Document

St Barnabas CofE Primary School

Green Lane Pre-School

Title: Physical Education Policy

Purpose: Supporting teaching and learning of Physical Education
Lead Role Responsibility: Physical Education Subject Leader (Chris Jenkinson)
Governing Body Team or Head Teacher Responsibility: Curriculum Team

Reference and Source Documents: *Safe Practice: in Physical Education, School Sport and Physical Activity* (AfPE - Association for Physical Education 2020). *Guidelines for Safe Practice in Swimming* (Worcestershire County Council).

Approved by Leadership: 08.10.21
Approved by Governing Body: 18.10.21
Reviewing Cycle: Every 2 years
Next Review Due: End of Autumn term 2023

The Whole School Christian Vision:

Inspire, Nurture and Achieve

We believe, as Jesus did, that in our happy, purposeful and welcoming **Christian school** and pre-school **all people** are **valued**, **encouraged** and **cared for**:

- **Inspire** the school community to think and feel positively about themselves and others.
- **Nurture** each child and adult so that they grow with others in a secure and happy environment; where they enjoy a wealth of opportunity and experience a love of learning.
- A place where **achievements** are celebrated and expectations are high for all.

This is underpinned through the understanding that in Jesus, **all** are welcome and unique and have a God given purpose and place in the world. Jesus inspires us that **all** people can flourish.

Matthew 19 v14

Jesus said, "Let the children come to me, and do not hinder them,
for the kingdom of heaven belongs to such as these."

We aim to:

Inspire *a positive approach to life and learning;*

Value and ***nurture*** *each child as an individual: developing* ***resilience****,* ***independence,*** *and an* ***understanding*** *of what they bring to the world;*

Create a rich, stimulating environment where ***achievements*** *are celebrated and* ***team work*** *and* ***co-operation*** *are expected;*

Promote ***high expectations*** *and* ***self-confidence*** *for each individual;*

Ensure each child strives towards ***excellence*** *supporting those who find learning difficult and challenging the most able children;*

Develop and foster ***motivation*** *for learning and* ***enthusiasm*** *for life;*

Promote a sense of ***belonging*** *and build outstanding* ***relationships*** *between school, home, church and the wider community.*

Help every person understand their ***unique purpose*** *and* ***place*** *in* ***God's world.***

1. Introduction:

This policy outlines the purpose, aims, management and progression of Physical Education in St Barnabas C. of E. Primary School and Green Lane Pre-School. The implementation of this policy is the responsibility of all teaching staff. There is a separate document outlining other aspects of P.E. within our school, which is an overview of guidelines for staff, it includes information on safety, first aid and safe practice.

2. Vision statement:

Our aim is that all of our children are inspired by being physical, in order to develop a personal desire to achieve highly and be the best that they can be. As the children progress through our school we want every child to develop a range of different sporting characteristics in order to provide them with essential skills which will help them throughout their life. Our physical curriculum will be designed to ensure that all of our children are able to develop the following sporting values;

- determination
- perseverance
- honesty
- loyalty
- trustworthiness
- resilience and passion

We also want our children to develop their teamwork and leadership skills as these characteristics are vital in demonstrating good sportsmanship, which we believe will help them to develop a positive outlook on life.

3. Agreement date of Policy:

The policy was developed by the Curriculum Leaders for P.E. and last reviewed by the school leadership team during the 2021 autumn term.

4. Aims:

Our aim is to ensure that all children receive the opportunity to experience and develop their skills in a wide variety of activities from the schemes of work used within our School Cluster. We aim to provide lessons and wider physical development opportunities that are suitably challenging and in accordance with the National Curriculum 2014 and the E.Y.F.S. Framework 2021. Through these lessons the children should be developing their fitness, health, skills, positive attitude, social co-operation, self-esteem and perseverance.

5. Curriculum Development and Organisation:

We have schemes of work that are used as a guide for planning and developing the curriculum in Gymnastics, Dance and Games where needed. Progression of skills is monitored by the P. E. team.

Our aim is to provide two P.E. lessons (approximately 1.5 hours) every week of quality P.E. teaching. All school year groups have indoor P.E. (Dance and Gymnastics) lessons and children in Years 2, 3, 4, 5 and 6 also have an outdoor P.E. (Games) lesson. All children in years 3, 4 and 5 also receive a number of swimming lessons for one term in each of these three years.

Years 3, 4 and 6 also have the opportunity to develop their O.A.A. (Outdoor and Adventurous Education) skills by participating in outdoor education activities, such as; Rock Climbing, Orienteering, Problem Solving amongst other activities, while on residential trips.

Children in Early Years work towards the Early Learning Goals for Physical development and Expressive Arts and Design.

Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment effectively.

Health and self-care: children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

Expressive arts and design: Being imaginative: They represent their own ideas, thoughts and feelings through, music, dance, role-play and stories.

6. Teaching and Learning:

P.E. in Year R and 1 are normally taught by the class teacher. Most class teachers deliver the Dance and Gymnastics curriculum to their own class. Some classes are taught Dance and/or Gymnastics by one of our qualified sports coaches. All teaching staff have taken part in Gymnastics teacher training, delivered by a British Gymnastics qualified coach. There are P.E. trained teachers and sports assistants responsible for delivering outdoor P.E. (Games) lessons to children in years 2 – 6. Mr. Jenkinson and Mr. Forrester are qualified Primary P.E. Specialists and have specialist P.E. qualifications in a number of different sports, along with several other members of staff.
Our policy is for all children to receive high level teaching and learning, delivered and supported by well qualified staff. Our sport team includes a Sport Apprentice and sometimes additional sport specific student teachers or trainee coaches.
This provides role models for all pupils, we well as supporting training for young people moving into the workforce. This strategy contribute to enhancing high quality teaching and learning.

7. Inclusion and Equal Opportunities:

The P. E. curriculum is concerned with the learning and participation of all pupils. Teaching is planned with this in mind and Teaching/Sports Assistants are available to support all pupils in lessons and physical activities, ensuring good progress is made.

We aim to provide suitable learning opportunities regardless of gender, ethnicity, disability, starting points or home background.

Diversity of task and equipment will allow pupils with S.E.N.D to participate and succeed in P.E. to the best of their abilities.

8. Roles and Responsibilities:

The P.E. Co-ordinator is responsible for:

- overseeing the P.E. curriculum
- monitoring the learning and teaching
- ensuring the assessment is relevant and informative
- making purchasing decisions
- ensuring all staff are appropriately trained
- keeping up to date with developments in P.E. and safety

- liaising with other schools, coaches, clubs
- observing P.E. lessons
- monitoring / supporting class teachers, reviewing progression and planning
- preparing policy documents
- advising colleagues and helping to develop expertise
- contributing to staff curriculum P.E. CPD training

9. Subject Monitoring / Evaluation of provision:

The P. E. Subject Co-ordinator is responsible for monitoring and evaluating the curriculum and pupil progress. This is done through; planning scrutiny, lesson observations, staff and pupil discussions, audits of resources and P.E. mini reviews.

10. Pupil Assessment:

We use teacher, self-assessment, photographs and videos as evidence of the children's progress. Pupils are encouraged to assess their own work in a positive manner, and work with others, evaluating their performances during lessons using constructive and developmental comments. Pupil assessments in PE are recorded on the i-track system termly and shared with parents in writing at least annually.

11. Health and Safety Issues:

The school follows the safety guidelines advised by Worcestershire County Council. Any queries are checked as/where necessary. All equipment used inside and outside is reviewed on a regular basis to ensure full compliance with health and safety legislation and guidelines and repairs or replacements made in a timely manner. All teaching staff have up to date training on how to use the Gymnastics equipment in the hall and follow British Gymnastics advice and/or the AfPE (Association for Physical Education) guidelines outlined in the Safe Practice: in Physical Education, School Sport and Physical Activity. Please also refer to the school Health and Safety Policy for further information.

12. Management Information:

Funding:

The school is in receipt of additional Sports Premium Funding. This is subject to strategic planning, audit and review of outcomes for pupils on an annual basis by SLT and members of the P.E team.

Budget information and resource needs are audited and reviewed on an annual basis. If a major resource issue is raised than this is looked into by the P.E. Co–ordinator and SLT.

Important information about updates to Physical Education is given to staff during key stage, whole school staff meetings and the Friday morning briefing. There is a timetable for the school hall and staff can request changes as/when necessary.

Each year the P.E. Co–ordinator carries out a review of P.E. provision, looking specifically at the Long Term Plan, and any coaching that took place, reviewing the provision the children have experienced. The following year these changes are taken into consideration when writing the Long

Term Plan. This is then reviewed by the Head teacher and the school's governing body before being made available to access on the school website.

Resources – All Games equipment is kept in the P.E. Shed. All gym and dance equipment is centrally resourced in the school hall, and each year group generally keeps their specific resources for their dance units in their classroom.

We provide an extensive variety of sports clubs after school. Most are teacher led, but some are run by outside coaches/clubs and supported by the P. E. team.

13. Liaison:

To ensure consistency and progression in the P.E. curriculum throughout the school we currently:-

- Discuss resources needed and other requirements in whole staff meetings
- Attend training in key stage or whole staff groups
- Ensure the levels of the children are regularly updated so they are informative for the next class teacher
- Carry out a mini-review every two years

14. Home / school links:

We see the relationship with parents as very important in supporting their child's learning. We involve the parents in their child's learning by:-

- Providing regular parent's evenings which give them verbal and written information on their child's progress and their targets for the future.
- Providing half termly curriculum letters informing the parents on the areas of the P.E. curriculum that are going to be covered.
- Providing an end of year report which outlines progress and attainment, across the different areas of Physical Education.
- Encouraging links between school and community clubs.
- Ensuring parents are aware of the available external sports provision in the wider community.
- Ensuring that parents and carers are fully informed of the expectations of the school, the breadth of opportunity available and the importance of physical development on the long term health and well-being of their child.

15. Copyright:

We follow the county guidelines regarding resource copyrights.

15. Team selection policy:

The following points are a selection of criteria that the St. Barnabas C.E. Primary School P.E. team use to select children to represent the school at sport;

- Based on their sporting ability and attitude, as well as their capability to uphold and demonstrate the School Games sporting values when representing the school.
- After being nominated to take part in a particular sport/activity by their class teacher, or other member of staff.
- As a direct reward for consistently high effort and/or good behaviour across all subjects, but particularly within Physical Education.
- Children identified as being 'Gifted' and/or 'Talented' (at a specific sport/activity), the opportunity to represent the school at a level that will provide them with appropriate challenge, enjoyment and reward.
- If a child plays a specific sport/activity for a team or club outside of school time, in order to recognise and reward them for their dedication and commitment to that sport/activity.
- Sometimes we use S.E.N.D. and/or Pupil Premium information to help decide which children to invite, along with the S.E.N.D. Co-ordinator's advice and guidance.
- To reward children who have never been, or are rarely selected to represent the school.
- On occasions, the opportunity to represent the school is offered to a child with specific emotional and/or behavioural needs as a direct incentive or reward for a noticeable improvement in the child's effort, attitude and/or behavior, after agreement with the child's class teacher and the school's S.L.T.
- To reward children who might not necessarily be the best at a certain sport, but who always try their best, demonstrate the right sporting values (including; Teamwork, Respect, Passion, Determination, Courage, Perseverance and Honesty), as well as having made good progress in their learning by putting new skills learnt within P.E. lessons into practice.