

Year 2- Healthy Happy Me!

Autumn Term 1 2026

Happy Healthy Me!



St Barnabas
CofE Primary School

Value of the Term: Friendship

The children will be reading:

Theme:
This is me, I have a voice

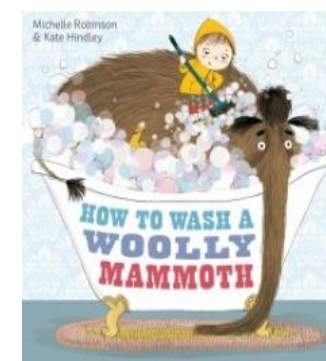
Oracy

Key Questions

- Why is my voice important in the world?
- How do we stay healthy?

The children will...

- Take turns to talk and listen with others
- Face the person/people who they are speaking or listening to



Reading

Writing

Maths

The children will...

- further develop accurate and speedy word recognition by reading longer words
- read on sight a good range of Read, Write, Inc 'red words,' for example said, because, what
- develop comprehension skills by answering questions about familiar texts
- listen to, read and discuss a range of quality texts, such as 'The Disgusting Sandwich' and 'How to Wash a Woolly Mammoth'

The children will...

- say, write and hold a sentence
- use capital letters, full stops and question marks
- spell new words by sounding out carefully
- select effective adjectives
- use conjunctions, for example and, because
- write a short narrative
- write instructions
- write and perform a poem
- practice letter formation and their handwriting

The children will learn:

- to count in 10s to 100
- to say how many tens and ones in 2-digit numbers
- to write numbers to 100 in words
- to estimate numbers on a number line
- to compare and order numbers
- to count in 2s, 3s and 5s
- to recall number bonds to 10
- to recall addition and subtraction facts to 20
- to know multiples of 10 with a total of 100
- to add three 1-digit numbers

Special Days

Wednesday 24th September - Storytime with parents.
Thursday 2nd October- National Poetry Day- Theme: Wonder.
Week beginning 5th October – Festival of Words
Thursday 22nd October- Whole School House Cross Country/Fun Run event.

PARENT TEACHER MEETINGS

Tuesday 20th October 1.30-5.00pm (In person)
Wednesday 21st October 5.00-7.30pm (In person or a phone call)

Religious Education	PSHE	Music
Key Question: Who is a Muslim and how do they live? The children will... Think, talk about and answer questions about Muslim beliefs and their ways of living	The children will... Understand how everyday choices support health and wellbeing by exploring the effects of movement, sleep, food and drink on the body	The children will... - Learn a South African song called Hands, Feet, and Heart - Explore the dimensions of music (pulse, rhythm and pitch) and improvise using musical instruments - Listen and appraise different styles of South African music
Spelling	Geography	Design and Technology
The children will learn the following spelling rules... - The 'or' sound spelt 'a' before l and ll (small, also) - The soft 'c' sound (city, nice) - The suffix 'y' (doubling the consonant – spotty, sunny) - The suffix 'y' (drop the e then add y – crazy, shiny)	The children will ... - Name and locate the world's seven continents and five oceans - Name, locate and identify characteristics of the four countries and capital cities of the United Kingdom and its surrounding seas - Use world maps, atlases and globes to identify the United Kingdom and its countries, as well as the countries, continents and oceans of the world	The children will: - Name the main food groups and identify foods that belong to each group - Describe the taste, feel and smell of a given food - Think of three different sandwich wrap ideas, considering flavour combinations - Construct a sandwich wrap that meets the design brief and their plan
Science	Computing	Thrive
Our Science topic this half term is Animals, including humans The children will learn to: - Notice that animals, including humans, have offspring which grow into adults - Find out about and describe the basic needs of animals, including humans, for survival (water, food and air) - Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene The children will have the opportunity to carry out practical Science investigations to practise key Science skills.	The children will ... - Name computer parts - Explain the role of computers in the world around them - Understand that technology follows instructions	The children will... - Build relationships with adults and peers, learning class routines and develop strategies to express their needs and emotions - Practise turn-taking, sharing and problem-solving with others
	PE and Outdoor learning Indoor P.E.- The children will develop the gymnastic skills of jumping, rolling, balancing and travelling individually and with a partner. They will create short sequences and movement phrases on the floor and apparatus Outdoor P.E. – Participate in team games, developing spatial awareness and defence and attack skills	British Values <u>Democracy</u> Learning to learn – The children will discuss and decide how to be effective learners together The children will contribute and decide on class rules and Oracy discussion guidelines

