



HELPING YOUR CHILD WITH MATHS AT HOME



St Barnabas
C of E Primary School

Year 1

Dear Parents and Carers,

Maths is all around us and there are lots of easy ways you can support your child's learning at home. Here are some practical and fun ideas to build confidence and a love for maths in Year 1!

ADDITION & SUBTRACTION

What to practise:

- Counting to and from 100



How to help at home:

- Use real-life situations (e.g. 'You have 4 grapes, I give you 3 more – how many now?')
- Play dice games and add/subtract the numbers
- Draw pictures to tell addition and subtraction stories



NUMBER SKILLS

What to practise:

- Counting to and from 100
- Counting in 2s, 5s and 10s
- Number bonds to 10 (e.g. $7 + 3 = 10$)
- Recognising and writing numbers to 20
- Finding one more and one less than a number



How to help at home:

- Count steps, claps or toys together
- Use coins or buttons to practise adding/subtracting
- Play number games like Bingo, Snap with cards, Top Trumps and Snakes and Ladders
- Sing number songs



SHAPE, SPACE & MEASURE

What to practise:

- Naming 2D and 3D shapes (circle, square, triangle, cube, sphere)
- Using language like longer/shorter, heavier/lighter, full/empty
- Telling the time to the hour and half hour



How to help at home:

- Go on a shape hunt
- Bake together and talk about measuring out ingredients
- Look at clocks and talk about the time



REASONING AND PROBLEM SOLVING

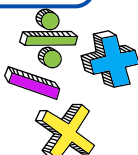
Encourage your child to explain how they got their answer.

Use prompts like: 'How do you know?' 'What would happen if...?'

This helps build confidence and deeper understanding.

USEFUL RESOURCES & WEBSITES

- Numbots
- White Rose 1 Minute app



MOST IMPORTANTLY...

- Keep maths fun! Everyday activities like cooking and shopping are great for learning maths in a natural way
- If you have any questions or would like more ideas, please speak to your child's class teacher

Thank you for supporting your child's maths journey!