

	Autumn	Spring	Summer
Whole school theme (1)	This is me; I have a voice!	Heritage & Culture	Building our Sustainable World
Whole school theme (2)	A Citizen of the World	Innovation, Inventions and Ideas	Discovery, Health & Wellbeing
Whole school Christian Value	Friendship Justice	Wisdom Forgiveness	Perseverance Thankfulness
Reception <i>EYFS Curriculum</i>	Self Regulation. My feelings: Identifying my feelings. Coping strategies. Emotional adjectives. Facial expression.	Building relationships. Special Relationships: Special people. Sharing. I am unique. Similarities and differences. My Family and Friends. Festivals. Sharing. What makes a good friend. Being a good friend.	Managing Self. Taking on challenges: Why do we have rules? Building towers. Team races. My Wellbeing: What is exercise. Being a safe pedestrian. Eating healthily.
Y1 <i>KS1 National Curriculum</i>	Setting ground rules for PSHE. Family and Relationships What is family? What are friendships? Friendship problems. Healthy friendships. Gender stereotypes. Anti-bullying week.	Health and Wellbeing. Understanding my emotions. Ready for bed. Handwashing and personal hygiene. Sun safety. Allergies. Safety and our changing body. Adults in school. Adults outside school. Making an emergency phone call. Appropriate contact. Safety with substances.	Citizenship. Rules. Similar, yet different. Economic wellbeing. Introduction to money. Saving and spending.
Y2 <i>KS1 National Curriculum</i>	Setting ground rules for PSHE. Health and Wellbeing. Experience different emotions. Developing a growth mind-set. Healthy diet. Looking after our teeth. Citizenship. Rules beyond school. Similar yet different - my local community. Giving my opinion. Anti-bullying week.	Family and relationships. Families are all different. Unhappy friendships. Introduction to manners and courtesy. Change and loss. Gender stereotypes, careers and jobs. Economic Wellbeing. Wants and needs. Looking after money.	Safety and the changing body. Communicating online. Secret surprises. Appropriate contact: my private parts. Appropriate contact: my private parts are private. Staying safe with medicine. Transition Supporting the next stage in education.
Y3 <i>KS2 National Curriculum</i>	Setting ground rules and signposting. Family and relationships. Healthy families. Friendship conflicts. Friendship conflicts vs bullying. Learning who to trust. Respecting differences in others. Stereotyping gender. Anti-bullying week.	Health and Wellbeing. My healthy diary. Health and wellbeing. Resilience: breaking down barriers. Diet and dental health. Safety and the changing body. First aid: emergencies and calling for help. Cyberbullying. Influences. Keeping safe out and about.	Citizenship. Rights of the child. Charity. Local democracy. Economic Wellbeing. Ways of paying. Jobs and careers. Transition Supporting the next stage in education.
Y4 <i>KS2 National Curriculum</i>	Setting ground rules and signposting. Family and relationships. Respect and manners.	Health and Wellbeing. Looking after our teeth. Celebrating mistakes. My happiness. Emotions.	Economic Wellbeing. Keeping track of money. Influences on career choices. Transition

	<p>Healthy friendship. Bullying. Stereotypes: disability. Change and loss.</p> <p>Citizenship. What are human rights? Diverse communities.</p> <p>Anti-bullying week.</p>	<p>Mental health.</p> <p>Safety and the changing body. Internet safety: age restrictions. Share aware. Privacy and security. Introducing puberty. Tobacco.</p>	<p>Supporting the next stage in education.</p>
<p>Y5</p> <p><i>KS2 National Curriculum</i></p>	<p>Setting rules and signposting.</p> <p>Family and relationships. Friendship skills. Marriage. Respecting myself. Bullying. Stereotypes: race and religion.</p> <p>Anti-bullying week.</p>	<p>Citizenship. Breaking the law. Parliament.</p> <p>Economic Wellbeing. Risks with money.</p>	<p>Safety and the changing body. Online friendships. Staying safe online. Puberty. Menstruation. First aid: bleeding. Alcohol, drugs and tobacco: making decisions.</p> <p>Health and Wellbeing. Looking after our teeth. Taking responsibility for my feelings. Healthy meals. Sun safety.</p> <p>Transition Supporting the next stage in education.</p>
<p>Y6</p> <p><i>KS2 National Curriculum</i></p>	<p>Setting ground rules for PSHE and RSE.</p> <p>Family and relationships. Respect. Respectful relationships. Challenging stereotypes. Resolving conflict. Change and loss.</p> <p>Safety and the changing body. Alcohol. Physical and emotional changes of puberty. First aid: basic life support.</p> <p>Anti-bullying week.</p>	<p>Safety and the changing body. Social media.</p> <p>Citizenship. Human rights. Prejudice and discrimination. National democracy.</p>	<p>Economic Wellbeing. What jobs are available?</p> <p>Health and wellbeing. Taking responsibility for my health. The impact of technology on my health. Resilience toolkit. Immunisation/ Physical health concerns.</p> <p>Identity. Identity and body image. RSE</p> <p>Transition Supporting the next stage in education.</p>

