



## PRE-SCHOOL SAMPLE MENU

	<b>Week One</b>	<b>Week Two</b>	<b>Week Three</b>
<b>Monday</b>	<p>Children's Fish Cake Served with Potato Wedges and Baked Beans Dessert: Fruit Fromage Frais</p>	<p>Spanish Style Minced Pork in a Homemade Tomato Sauce Served with Rice Dessert: Fruit Flavoured Jelly</p>	<p>Homemade Creamy Cheese Sauce with Mushrooms Served with Pasta and Garden Peas Dessert: Homemade Dutch Apple Stew with Custard</p>
<b>Tuesday</b>	<p>Macaroni Cheese Pasta Served with Garden Peas Dessert: Homemade Peach Sponge with Custard</p>	<p>Beef Bolognese In a Homemade Tomato and Basil Sauce With Pasta and Garlic Bread Dessert: Homemade Apple Cake with Custard</p>	<p>Two Pork Sausages Served with Roast Potatoes, Carrots and Gravy Dessert: Homemade Lemon Drizzle Cake</p>
<b>Wednesday</b>	<p>Two Pork Sausages Served with Mashed Potatoes, Carrots and Gravy Dessert: Apple Compote and Ice Cream</p>	<p>Fish Fingers Served with Mashed Potatoes and Baked Beans Dessert: Homemade Chocolate Mousse</p>	<p>Savoury Beef Mince With Potato Wedges and Sweetcorn Dessert: Vanilla Ice Cream</p>
<b>Thursday</b>	<p>Homemade Beef Mince and Tomato Sauce Served with Penne Pasta and Sweetcorn Dessert: Homemade Iced Chocolate Cake</p>	<p>Two Pork Sausages Served with Roast Potatoes, Garden Peas and Gravy Dessert: Homemade Carrot Cake with Orange Icing</p>	<p>Slow Cooked Roast Gammon Served with Mashed Potatoes, Garden Peas and Gravy Dessert: Fruit Flavoured Jelly</p>
<b>Friday</b>	<p>Roast Chicken Served with Roast Potatoes, Garden Peas and Gravy Dessert: Fruit Flavoured Jelly</p>	<p>Homemade Tomato &amp; Basil Sauce Served with Pasta and Sweetcorn Dessert: Pear and Apple Crumble with Cream</p>	<p>Tuna Pasta Bake with a Cheese and Tomato Top Served with Sweetcorn Dessert: Homemade Apple Crumble and Custard</p>